**MINIMA DLA ZAWODNIKÓW MKP SZCZECIN DO STARTU W ZIMOWYCH MISTRZOSTWACH POLSKI 2020**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Konkurencja | K  14 lat | M  14 lat | K  15 lat | M  15 lat | K  16 lat | M  16 lat | K  17-18 lat | M  17-18 lat | K  Młodzież. | M  Młodzież. | K  sen. | M  sen |
| 50 dow | 27,75 | 25,28 | 28,00 | 24,73 | 27,49 | 24,30 | 27,26 | 23,77 | 27,26 | 23,30 | 26,50 | 22,91 |
| 100 dow | 1:01,71 | 55,46 | 1:01,69 | 54,09 | 1:01,38 | 53,21 | 1:00,16 | 51,86 | 1:00,16 | 51,14 | 57,72 | 50,44 |
| 200 dow | 2:14,77 | 2:03,53 | 2:13,35 | 1:59,31 | 2:13,03 | 1:56,72 | 2:07,12 | 1:52,50 | 2:07,12 | 1:52,50 | 2:04,54 | 1:49,60 |
| 400 dow | 4:43,79 | 4:26,45 | 4:43,33 | 4:12,42 | 4:42,20 | 4:09,71 | 4:47,66 | 4:03,37 | 4:36,49 | 4:03,37 | 4:29,51 | 3:57,52 |
| 800 dow | 9:50,27 | - | 9:55,16 | - | 10:04,50 | - | 9:32,10 | 8:35,09 | 9:32,10 | 8:29,61 | 9:22,21 | 8:18,32 |
| 1500 dow | - | 17:53,16 | - | 17:11,77 | - | 16:46,73 | 17:54,45 | 16:35,05 | 17:54,45 | 16:25,08 | 18:38,36 | 15:54,71 |
| 50 mot | 30,26 | 27,67 | 30,27 | 26,60 | 30,41 | 26,42 | 30,22 | 25,35 | 30,22 | 25,12 | 28,44 | 24,71 |
| 100 mot | 1:09,39 | 1:01,93 | 1:07,59 | 1:00,22 | 1:08,22 | 58,76 | 1:03,53 | 56,62 | 1:03,53 | 56,24 | 1:03,40 | 54,86 |
| 200 mot | 2:43,13 | 2:23,54 | 2:36,41 | 2:16,69 | 2:27,66 | 2:19,40 | 2:28,92 | 2:09,43 | 2:28,92 | 2:06,95 | 2:23,94 | 2:03,01 |
| 50 grzb | 31,53 | 28,85 | 31,34 | 28,22 | 31,21 | 27,75 | 30,52 | 26,78 | 30,52 | 26,28 | 29,41 | 25,45 |
| 100 grzb | 1:09,04 | 1:02,47 | 1:08,43 | 1:01,88 | 1:08,22 | 1:01,15 | 1:06,37 | 57,87 | 1:06,37 | 57,87 | 1:04,59 | 55,21 |
| 200 grzb | 2:28,64 | 2:15,37 | 2:30,88 | 2:17,37 | 2:27,66 | 2:14,60 | 2:21,68 | 2:12,06 | 2:21,68 | 2:09,10 | 2:21,09 | 2:01,97 |
| 50 kl | 35,52 | 31,71 | 35,36 | 31,15 | 35,17 | 30,59 | 35,73 | 30,03 | 35,14 | 28,57 | 33,57 | 28,36 |
| 100 kl | 1:18,37 | 1:10,59 | 1:17,49 | 1:08,48 | 1:17,61 | 1:06,65 | 1:18,32 | 1:05,02 | 1:17,10 | 1:02,29 | 1:12,01 | 1:01,16 |
| 200 kl | 2:49,43 | 2:36,07 | 2:49,61 | 2:31,24 | 2:52,29 | 2:28,50 | 2:42,16 | 2:25,24 | 2:41,18 | 2:19,53 | 2:41,25 | 2:17,11 |
| 100 zm | 1:09,62 | 1:03,89 | 1:10,02 | 1:02,93 | 1:11,15 | 1:01,86 | 1:09,35 | 59,49 | 1:08,68 | 58,40 | 1:05,84 | 57,26 |
| 200 zm | 2:33,13 | 2:21,89 | 2:30,76 | 2:17,33 | 2:40,33 | 2:14,90 | 2:33,66 | 2:06,75 | 2:33,66 | 2:06,75 | 2:25,54 | 2:05,22 |
| 400 zm | 5:32,47 | 5:11,31 | 5:34,98 | 4:52,03 | 5:34,69 | 4:48,67 | 5:07,67 | 4:44,94 | 5:07,67 | 4:44,94 | 5:09,96 | 4:28,11 |

Warunki startu: 1. Uzyskanie limitu czasowego na przestrzeni ostatnich 12 miesięcy,

2. Pozytywna opinia trenera prowadzącego,

3. Opłacone składki klubowe,

4. Spełnienie warunków wynikających z przepisów związanych z pandemią.

Za Zarząd: