

Ogólnopolski Sprawdzian Wytrzymało ci i Wszechstronno ci Stylowej 11-12 lat
Szczecin, 20- - 21-11-2024

Konkurencja 1
2024-11-20 - 12:00

Dziewcz t, 200m zmienny

11 lat
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.		Czas	Pkt.	50m	100m	150m	200m
1.	KHRYPKO Zlata	13 MKP Szczecin	3:10.78	260				
2.	MAJEWSKA Gabriela	13 MKP Szczecin	3:11.25	258				
3.	M KA Liliana	13 MKP Szczecin	3:27.37	202				
4.	WYPYCH Hanna	13 MKP Szczecin	3:30.14	195	49.30	53.03		
5.	DRELICH Zofia	13 MKP Szczecin	3:30.58	193				
6.	GURBIN Emilia	13 MKP Szczecin	3:33.28	186				
7.	SZEWCZYK Antonina	13 MKP Szczecin	3:33.49	185				
8.	WRÓBLEWSKA Maja	13 MKP Szczecin	3:38.00	174	51.76	55.00		
9.	MASIARZ Martyna	13 MKP Szczecin	3:38.87	172				
10.	GÓRNICKA-RAKOWSKA Z13	13 MKP Szczecin	3:39.79	170				
11.	JAGŁOWSKA Kornelia	13 MKP Szczecin	3:40.86	167				
12.	SZAFRA SKA Inez	13 MKP Szczecin	3:43.02	163	50.88	56.16	1:06.48	49.50
13.	WADLEWSKA Kaja	13 MKP Szczecin	3:47.99	152				
14.	MIKOŁAJEK Anna	13 MKP Szczecin	3:59.81	131				
15.	KOWALCZYK Nadia	13 MKP Szczecin	4:01.34	128				
16.	KOCIMSKA Lena	13 MKP Szczecin	4:08.37	118	1:09.40	58.54	1:03.84	56.59
17.	KASPRZAK Lena	13 MKP Szczecin	4:08.54	117	58.88	1:04.62	1:09.00	56.04
18.	KUKLI SKA Dagmara	13 MKP Szczecin	4:17.19	106	1:10.82	1:03.02	1:06.50	56.85
PK	WIERCZ Antonina	14 MKP Szczecin	3:22.63	217	47.85	52.31	55.40	47.07

Konkurencja 2
2024-11-20 - 12:24

Chłopców, 200m zmienny

11 lat
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.		Czas	Pkt.	50m	100m	150m	200m
1.	ŁASECKI Jakub	13 MKP Szczecin	3:00.30	224				
2.	KONYK Tymofii	13 MKP Szczecin	3:00.46	224				
3.	MONKIEWICZ Nikodem	13 MKP Szczecin	3:10.84	189	43.97	50.73	50.43	45.71
4.	SUDOŁ Kuba	13 MKP Szczecin	3:12.13	185				
5.	ST PNIAK Maksymilian	13 MKP Szczecin	3:12.50	184				
6.	JAKUBOWSKI Miron	13 MKP Szczecin	3:12.55	184				
7.	MIKOŁAJCZAK NATAN	13 MKP Szczecin	3:14.40	179				
8.	KŁOS Daniel	13 MKP Szczecin	3:18.68	168	46.54	51.36	58.71	42.07
9.	MROCZEK Paweł	13 MKP Szczecin	3:20.81	162	43.75	49.85		
10.	PIETRZAK Jan	13 MKP Szczecin	3:21.28	161	45.01	50.48		
11.	ACZEK Szymon	13 MKP Szczecin	3:22.40	158				
12.	WRÓBEL Nikodem	13 MKP Szczecin	3:23.35	156	45.45	52.36	1:01.58	43.96
13.	CZERWI SKI Bartosz	13 MKP Szczecin	3:24.33	154				
14.	W OWSKI Patryk	13 MKP Szczecin	3:30.72	140	49.43	52.08		
15.	MAJCHRZAK Daniel	13 MKP Szczecin	3:36.27	130	46.98	53.86		
16.	RADWA SKI Jakub	13 MKP Szczecin	3:38.33	126				
17.	HREBENCHENKO Taras	13 MKP Szczecin	3:38.54	126	53.71	58.74	57.93	48.16
18.	SZMENDZIUK Fabian	13 MKP Szczecin	3:38.63	126	50.74	58.02	1:02.80	47.07
19.	SNARSKI Adam	13 MKP Szczecin	3:39.64	124	51.41	55.11	1:02.18	50.94
20.	KOKHANENKO Artem	13 MKP Szczecin	3:40.81	122				
21.	SIEMBIDA Antoni	13 MKP Szczecin	3:41.35	121				
22.	SATŁAWA Antoni	13 MKP Szczecin	3:41.64	121				
23.	WYPYCH Sebastian	13 MKP Szczecin	3:41.68	120				
24.	FURMAN Antoni	13 MKP Szczecin	3:42.04	120	53.75	56.16	1:04.50	47.63
25.	NIEMCZYCKI Daniel	13 MKP Szczecin	3:42.72	119				
26.	MALINOWSKI Karol	13 MKP Szczecin	3:45.77	114	55.07	59.66	1:03.45	47.59
27.	PATALAS Igor	13 MKP Szczecin	3:50.09	108				
28.	WRÓBEL Olgierd	13 MKP Szczecin	3:51.94	105	58.01	55.12	1:05.48	53.33
29.	KU Maksymilian	13 MKP Szczecin	4:01.99	96				
30.	ZABORSKI Michał	13 MKP Szczecin	4:01.92	93				
31.	CISZEK Mateusz	13 MKP Szczecin	4:05.35	89	59.07	1:03.74	1:05.89	56.65

Ogólnopolski Sprawdzian Wytrzymało ci i Wszechstronno ci Stylowej 11-12 lat
Szczecin, 20- - 21-11-2024

Konkurencja 2, Chłopców, 200m zmienny, 11 lat

Pozycja	Rok ur.		Czas	Pkt.	50m	100m	150m	200m
32. KALBARCZYK Adam	13	MKP Szczecin	4:07.06	87				
33. HOŁUB Wiktor	13	MKP Szczecin	4:12.55	81				
34. JENDRZEJCZYK Hubert	13	MKP Szczecin	4:16.44	78				
35. KRZEMA SKI Miłosz	13	MKP Szczecin	4:28.37	68				
36. MANUSZEWSKI Wojciech	13	MKP Szczecin	4:33.23	64	1:06.40	1:13.21	1:12.36	1:01.26
37. PI TKOWSKI Hubert	13	MKP Szczecin	4:41.13	59	1:03.92	1:11.38	1:14.10	1:11.73
38. POTERAILO Matvii	13	MKP Szczecin	4:55.96	50	1:09.33	1:19.32	1:21.76	1:05.55
39. KOŁAKOWSKI Dorian	13	MKP Szczecin	5:01.49	48				
DYSKW. B CIK Bartosz	13	MKP Szczecin	3:58.85					
PK AKHRAMEIKA Raman	13	MKP Szczecin	4:45.95	56				

Konkurencja 3

2024-11-20 - 13:05

Dziewcz t, 800m dowolny

12 lat

Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.		Czas	Pkt.
1. GIETKA Ida	12	MKP Szczecin	11:01.47	375
100m: 1:14.30 1:14.30	300m: 3:58.46 1:23.52	500m: 6:49.47 1:25.64	700m: 9:41.30 1:26.06	
200m: 2:34.94 1:20.64	400m: 5:23.83 1:25.37	600m: 8:15.24 1:25.77	800m: 11:01.47 1:20.17	
2. KWATYRA Ewa	12	MKP Szczecin	11:33.21	326
100m: 1:21.19 1:21.19	300m: 4:18.05 1:28.94	500m: 7:15.33 1:28.30	700m: 10:11.57 1:27.96	
200m: 2:49.11 1:27.92	400m: 5:47.03 1:28.98	600m: 8:43.61 1:28.28	800m: 11:33.21 1:21.64	
3. SIMIACHKO Ksenia	12	MKP Szczecin	12:14.02	275
100m: 1:25.04 1:25.04	300m: 4:34.72 1:35.03	500m: 7:43.53 1:34.12	700m: 10:49.71 1:33.37	
200m: 2:59.69 1:34.65	400m: 6:09.41 1:34.69	600m: 9:16.34 1:32.81	800m: 12:14.02 1:24.31	
4. BIELAWSKA Małgorzata	12	MKP Szczecin	12:25.39	262
100m: 1:25.24 1:25.24	300m: 4:35.44 1:35.53	500m: 7:46.18 1:35.90	700m: 10:56.62 1:35.29	
200m: 2:59.91 1:34.67	400m: 6:10.28 1:34.84	600m: 9:21.33 1:35.15	800m: 12:25.39 1:28.77	
5. BUJNOWSKA Mia	12	MKP Szczecin	13:03.29	226
100m:	300m: 4:49.71 1:40.74	500m:	700m:	
200m: 3:08.97	400m:	600m:	800m: 13:03.29	
6. POTRZEBNA Emilia	12	MKP Szczecin	13:16.99	214
100m: 1:26.63 1:26.63	300m: 4:49.26 1:40.61	500m: 8:18.72 1:45.69	700m:	
200m: 3:08.65 1:42.02	400m: 6:33.03 1:43.77	600m: 10:02.07 1:43.35	800m: 13:16.99	
7. WESOŁOWSKA Lena	12	MKP Szczecin	13:26.06	207
100m: 1:29.52 1:29.52	300m: 4:52.91 1:42.21	500m: 8:23.68 1:46.00	700m: 11:52.32 1:45.19	
200m: 3:10.70 1:41.18	400m: 6:37.68 1:44.77	600m: 10:07.13 1:43.45	800m: 13:26.06 1:33.74	
8. KOZŁOWSKA Julia	12	MKP Szczecin	14:00.16	183
100m: 1:36.44 1:36.44	300m: 5:08.85 1:46.60	500m: 8:43.32 1:47.33	700m:	
200m: 3:22.25 1:45.81	400m: 6:55.99 1:47.14	600m: 10:31.01 1:47.69	800m: 14:00.16	
9. BARANIECKA Emilia	12	MKP Szczecin	14:08.51	178
100m: 1:34.34 1:34.34	300m: 5:08.38 1:48.55	500m: 8:46.44 1:49.40	700m: 12:26.38 1:49.75	
200m: 3:19.83 1:45.49	400m: 6:57.04 1:48.66	600m: 10:36.63 1:50.19	800m: 14:08.51 1:42.13	
10. RATAJSKA Julia	12	MKP Szczecin	14:24.08	168
100m: 1:33.90 1:33.90	300m: 5:15.69 1:52.49	500m: 8:58.97 1:52.12	700m: 12:43.54 1:51.37	
200m: 3:23.20 1:49.30	400m: 7:06.85 1:51.16	600m: 10:52.17 1:53.20	800m: 14:24.08 1:40.54	
11. MAŁECKA Angelika	12	MKP Szczecin	14:38.11	160
100m: 1:43.72 1:43.72	300m: 5:28.10 1:52.52	500m: 9:11.05 1:52.13	700m:	
200m: 3:35.58 1:51.86	400m: 7:18.92 1:50.82	600m:	800m: 14:38.11	
12. GÓRA Zofia	12	MKP Szczecin	15:08.39	145
100m: 1:40.82 1:40.82	300m: 5:29.16 1:54.80	500m: 9:24.09 1:59.10	700m:	
200m: 3:34.36 1:53.54	400m: 7:24.99 1:55.83	600m:	800m: 15:08.39	

Ogólnopolski Sprawdzian Wytrzymało ci i Wszechstronno ci Stylowej 11-12 lat
Szczecin, 20- - 21-11-2024

Konkurencja 3, Dziewcz t, 800m dowolny, 12 lat

Pozycja			Rok ur.				Czas		Pkt.
13.	PIOTROWSKA Nadia		12 MKP Szczecin				15:18.45		140
	100m:	1:40.05 1:40.05	300m:	5:28.35 1:55.54	500m:	9:23.87 1:56.92	700m:	13:21.27 1:59.43	
	200m:	3:32.81 1:52.76	400m:	7:26.95 1:58.60	600m:	11:21.84 1:57.97	800m:	15:18.45 1:57.18	
14.	CENKIER Maja		12 MKP Szczecin				15:30.43		135
	100m:	1:41.64 1:41.64	300m:	5:31.64 1:56.74	500m:	9:30.77 1:59.91	700m:		
	200m:	3:34.90 1:53.26	400m:	7:30.86 1:59.22	600m:		800m:	15:30.43	
15.	BOBIK Hanna		12 MKP Szczecin				16:00.37		122
	100m:	1:43.07 1:43.07	300m:	5:44.01 2:00.78	500m:	9:51.48 2:03.19	700m:	14:01.03 2:05.75	
	200m:	3:43.23 2:00.16	400m:	7:48.29 2:04.28	600m:	11:55.28 2:03.80	800m:	16:00.37 1:59.34	
16.	KOSTECKA Liliana		12 MKP Szczecin				17:12.47		98
	100m:	1:43.99 1:43.99	300m:	6:03.32 2:10.23	500m:	10:31.51 2:13.98	700m:	15:01.57 2:14.99	
	200m:	3:53.09 2:09.10	400m:	8:17.53 2:14.21	600m:	12:46.58 2:15.07	800m:	17:12.47 2:10.90	
NIE UK.	WSZOŁKOWSKA Lidia		12 MKP Szczecin						
	100m:	1:36.76 1:36.76	300m:	5:15.18 1:49.48	500m:	8:58.69 1:52.73	700m:		
	200m:	3:25.70 1:48.94	400m:	7:05.96 1:50.78	600m:	10:51.62 1:52.93	800m:		
PK	ADAMSKA Nika		11 MKP Szczecin				10:04.12		493
	100m:	1:10.87 1:10.87	300m:	3:42.26 1:16.40	500m:	6:15.80 1:17.30	700m:	8:50.72 1:17.03	
	200m:	2:25.86 1:14.99	400m:	4:58.50 1:16.24	600m:	7:33.69 1:17.89	800m:	10:04.12 1:13.40	

Konkurencja 4
2024-11-20 - 13:52

Chłopców, 800m dowolny

12 lat
Wyniki

Punkty: AQUA 2024

Pozycja			Rok ur.				Czas		Pkt.
1.	OGOREK Mariusz		12 MKP Szczecin				9:47.78		420
	100m:	1:08.08 1:08.08	300m:	3:35.39 1:14.24	500m:	6:04.86 1:15.23	700m:	8:34.58 1:15.06	
	200m:	2:21.15 1:13.07	400m:	4:49.63 1:14.24	600m:	7:19.52 1:14.66	800m:	9:47.78 1:13.20	
2.	KA MIERCZAK Szymon		12 MKP Szczecin				10:52.74		307
	100m:	1:16.66 1:16.66	300m:	4:04.13 1:23.59	500m:	6:52.56 1:24.35	700m:	9:37.08 1:22.16	
	200m:	2:40.54 1:23.88	400m:	5:28.21 1:24.08	600m:	8:14.92 1:22.36	800m:	10:52.74 1:15.66	
3.	PIECHOTA Nikodem		12 MKP Szczecin				10:55.10		303
	100m:	1:17.23 1:17.23	300m:	4:07.13 1:25.49	500m:	6:55.26 1:23.88	700m:	9:40.05 1:20.63	
	200m:	2:41.64 1:24.41	400m:	5:31.38 1:24.25	600m:	8:19.42 1:24.16	800m:	10:55.10 1:15.05	
4.	KIEŁCZEWSKI Wiktor		12 MKP Szczecin				11:30.63		259
	100m:	1:17.13 1:17.13	300m:	4:13.08 1:29.19	500m:	7:12.93 1:29.53	700m:	10:09.27 1:27.43	
	200m:	2:43.89 1:26.76	400m:	5:43.40 1:30.32	600m:	8:41.84 1:28.91	800m:	11:30.63 1:21.36	
5.	BILOUS Matvii		12 MKP Szczecin				11:34.42		255
	100m:	1:18.56 1:18.56	300m:	4:14.53 1:28.60	500m:	7:12.39 1:28.76	700m:	10:09.28 1:27.88	
	200m:	2:45.93 1:27.37	400m:	5:43.63 1:29.10	600m:	8:41.40 1:29.01	800m:	11:34.42 1:25.14	
6.	SOLOVYOV Michał		12 MKP Szczecin				12:35.65		198
	100m:	1:31.92 1:31.92	300m:	4:47.07 1:36.83	500m:	7:56.13 1:33.14	700m:	11:04.77 1:33.91	
	200m:	3:10.24 1:38.32	400m:	6:22.99 1:35.92	600m:	9:30.86 1:34.73	800m:	12:35.65 1:30.88	
7.	KUCZYNSKI Igor		12 MKP Szczecin				12:42.77		192
	100m:	1:27.29 1:27.29	300m:	4:46.84 1:40.52	500m:	8:03.46 1:37.91	700m:	11:15.38 1:35.29	
	200m:	3:06.32 1:39.03	400m:	6:25.55 1:38.71	600m:	9:40.09 1:36.63	800m:	12:42.77 1:27.39	
8.	PRAWUCKI Antoni		12 MKP Szczecin				13:33.18		158
	100m:	1:20.56 1:20.56	300m:	4:44.28 1:43.04	500m:	8:18.54 1:49.53	700m:	11:52.57 1:47.44	
	200m:	3:01.24 1:40.68	400m:	6:29.01 1:44.73	600m:	10:05.13 1:46.59	800m:	13:33.18 1:40.61	
9.	SKRZESZEWSKI Wojciech		12 MKP Szczecin				13:37.72		156
	100m:	1:29.96 1:29.96	300m:		500m:	8:31.35 1:47.17	700m:	12:00.97 1:44.54	
	200m:	3:12.58 1:42.62	400m:	6:44.18	600m:	10:16.43 1:45.08	800m:	13:37.72 1:36.75	

Ogólnopolski Sprawdzian Wytrzymało ci i Wszechstronno ci Stylowej 11-12 lat
Szczecin, 20- - 21-11-2024

Konkurencja 4, Chłopców, 800m dowolny, 12 lat

Pozycja	Rok ur.	Czas	Pkt.
10. RYGIELSKI Karol	12 MKP Szczecin	13:41.74	153
100m: 1:35.72 1:35.72	300m: 5:05.91 1:45.47	500m: 8:38.05 1:45.82	700m: 12:07.95 1:44.91
200m: 3:20.44 1:44.72	400m: 6:52.23 1:46.32	600m: 10:23.04 1:44.99	800m: 13:41.74 1:33.79
11. BRZEZI SKI Sebastian	12 MKP Szczecin	13:59.76	144
100m: 1:37.89 1:37.89	300m: 5:13.71 1:47.95	500m: 8:48.83 1:46.16	700m: 12:20.95 1:45.74
200m: 3:25.76 1:47.87	400m: 7:02.67 1:48.96	600m: 10:35.21 1:46.38	800m: 13:59.76 1:38.81
12. STOLARSKI Adam	12 MKP Szczecin	16:21.76	90
100m: 1:42.20 1:42.20	300m: 5:52.03 2:05.50	500m: 10:03.02 2:07.38	700m: 14:20.25 2:08.61
200m: 3:46.53 2:04.33	400m: 7:55.64 2:03.61	600m: 12:11.64 2:08.62	800m: 16:21.76 2:01.51
13. SAMOLEJ Bartosz	12 MKP Szczecin	16:27.65	88
100m: 1:48.26 1:48.26	300m: 6:01.91 2:08.55	500m: 10:18.22 2:06.61	700m: 14:25.93 2:02.31
200m: 3:53.36 2:05.10	400m: 8:11.61 2:09.70	600m: 12:23.62 2:05.40	800m: 16:27.65 2:01.72
14. HORBA Filip	12 MKP Szczecin	16:30.55	87
100m: 1:46.38 1:46.38	300m: 5:59.56 2:07.56	500m: 10:14.64 2:05.30	700m: 14:26.16 2:04.66
200m: 3:52.00 2:05.62	400m: 8:09.34 2:09.78	600m: 12:21.50 2:06.86	800m: 16:30.55 2:04.39
15. SZEWCZYK Mikołaj	12 MKP Szczecin	17:39.83	71
100m: 1:50.19 1:50.19	300m: 6:17.79 2:15.68	500m:	700m: 16:35.64 2:16.08
200m: 4:02.11 2:11.92	400m: 8:34.49 2:16.70	600m: 14:19.56	800m: 17:39.83 1:04.19
NIE UK. KU DOWICZ Mateusz	12 MKP Szczecin		
100m: 1:52.15 1:52.15	300m: 6:16.55 2:12.56	500m: 10:45.51 2:15.91	700m: 15:14.16 2:11.75
200m: 4:03.99 2:11.84	400m: 8:29.60 2:13.05	600m: 13:02.41 2:16.90	800m:
PK BANUCH Dorian	11 MKP Szczecin	9:50.57	414
100m: 1:09.53 1:09.53	300m: 3:39.61 1:15.53	500m: 6:10.30 1:15.07	700m: 8:38.85 1:13.67
200m: 2:24.08 1:14.55	400m: 4:55.23 1:15.62	600m: 7:25.18 1:14.88	800m: 9:50.57 1:11.72
PK JONIAK Marcel	11 MKP Szczecin	9:50.73	414
100m: 1:09.45 1:09.45	300m: 3:39.29 1:15.63	500m: 6:11.05 1:15.67	700m: 8:41.11 1:14.76
200m: 2:23.66 1:14.21	400m: 4:55.38 1:16.09	600m: 7:26.35 1:15.30	800m: 9:50.73 1:09.62

Konkurencja 5
2024-11-21 - 12:00

Dziewcz t, 200m zmienny

12 lat
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.	Czas	Pkt.	50m	100m	150m	200m
1. GIETKA Ida	12 MKP Szczecin	2:51.64	357	35.19	41.75	52.92	41.78
2. SIMIACHKO Ksenia	12 MKP Szczecin	2:58.11	320	38.44	45.16	54.70	39.81
3. KWATYRA Ewa	12 MKP Szczecin	2:58.92	315	40.34	47.47	52.21	38.90
4. BIELAWSKA Małgorzata	12 MKP Szczecin	3:06.53	278	43.60	46.01	55.78	41.14
5. BUJNOWSKA Mia	12 MKP Szczecin	3:06.87	277	45.99	48.27	47.84	44.77
6. WESOŁOWSKA Lena	12 MKP Szczecin	3:15.85	240	41.57	50.25	57.98	46.05
7. RATAJSKA Julia	12 MKP Szczecin	3:26.06	206	49.18	54.53	57.01	45.34
8. MAŁECKA Angelika	12 MKP Szczecin	3:27.06	203	48.92	57.37	54.26	46.51
9. GÓRA Zofia	12 MKP Szczecin	3:30.73	193	46.35	56.28	57.82	50.28
10. POTRZEBNA Emilia	12 MKP Szczecin	3:31.57	191	45.14	54.90	1:03.24	48.29
11. KOZŁOWSKA Julia	12 MKP Szczecin	3:34.21	184	47.43	59.43	59.52	47.83
12. CENKIER Maja	12 MKP Szczecin	3:36.30	178	49.60	55.97	57.36	53.37
13. WSZOŁKOWSKA Lidia	12 MKP Szczecin	3:37.28	176	48.47	56.21	1:01.29	51.31
14. PIOTROWSKA Nadia	12 MKP Szczecin	3:48.81	151	52.01	59.93	1:01.64	55.23
15. KOSTECKA Liliana	12 MKP Szczecin	3:55.96	137	50.25	58.83	1:04.96	1:01.92
16. BOBIK Hanna	12 MKP Szczecin	4:01.73	128	55.73	1:01.66	1:09.80	54.54
17. KOTECKA Nadia	12 MKP Szczecin	4:05.83	121	49.26	57.80	1:18.25	1:00.52

Ogólnopolski Sprawdzian Wytrzymało ci i Wszechstronno ci Stylowej 11-12 lat
Szczecin, 20 - 21-11-2024

Konkurencja 6
2024-11-21 - 12:21

Chłopców, 200m zmienny

12 lat
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.		Czas	Pkt.	50m	100m	150m	200m
1.	OGOREK Mariusz	12 MKP Szczecin	2:34.50	357	33.86	40.20	44.69	35.75
2.	PIECHOTA Nikodem	12 MKP Szczecin	2:48.08	277	34.11	46.97	51.90	35.10
3.	KA MIERCZAK Szymon	12 MKP Szczecin	2:49.42	270	37.38	46.57	48.91	36.56
4.	KIEŁCZEWSKI Wiktor	12 MKP Szczecin	3:01.98	218	41.49	48.87	52.65	38.97
5.	BILOUS Matvii	12 MKP Szczecin	3:11.46	187	42.09	52.76	55.94	40.67
6.	SOLOVYOV Michał	12 MKP Szczecin	3:18.69	167	46.99	53.23	53.54	44.93
7.	KUCZYS Igor	12 MKP Szczecin	3:19.83	165				
8.	SKRZESZEWSKI Wojciech	12 MKP Szczecin	3:21.35	161	48.74	50.93	55.73	45.95
9.	RYGIELSKI Karol	12 MKP Szczecin	3:35.73	131	54.26	54.67	1:01.73	45.07
10.	BRZEZI SKI Sebastian	12 MKP Szczecin	3:43.44	118	51.99	1:00.41	1:03.48	47.56
11.	STOLARSKI Adam	12 MKP Szczecin	3:50.34	107	53.36	59.47	1:04.47	53.04
12.	SAMOLEJ Bartosz	12 MKP Szczecin	4:01.62	93	55.78	1:00.68	1:06.49	58.67
13.	HORBA Filip	12 MKP Szczecin	4:03.20	91	49.17	1:00.58	1:14.17	59.28
14.	KU DOWICZ Mateusz	12 MKP Szczecin	4:04.79	89	57.43	1:06.38	1:05.99	54.99
15.	SZEWCZYK Mikołaj	12 MKP Szczecin	4:05.80	88	56.74			56.73
DYSKW.	PRAWUCKI Antoni	12 MKP Szczecin	3:12.79		41.52	49.81	57.30	44.16

O3 - Pływak nie miał kontaktu ze cian podczas nawrotu

Konkurencja 7
2024-11-21 - 12:36

Dziewcz t, 400m dowolny

11 lat
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.		Czas	Pkt.
1.	KHRYPKO Zlata	13 MKP Szczecin	6:03.38	257
	50m: 37.76 37.76 150m: 2:07.64 46.87 250m: 3:40.40 45.30 350m: 5:18.67 50.49			
	100m: 1:20.77 43.01 200m: 2:55.10 47.46 300m: 4:28.18 47.78 400m: 6:03.38 44.71			
2.	MAJEWSKA Gabriela	13 MKP Szczecin	6:20.91	223
	50m: 40.64 40.64 150m: 2:16.56 49.34 250m: 3:57.55 50.82 350m: 5:35.34 47.82			
	100m: 1:27.22 46.58 200m: 3:06.73 50.17 300m: 4:47.52 49.97 400m: 6:20.91 45.57			
3.	JAGŁOWSKA Kornelia	13 MKP Szczecin	6:21.87	222
	50m: 40.25 40.25 150m: 2:19.67 50.72 250m: 3:59.45 49.61 350m: 5:37.14 49.07			
	100m: 1:28.95 48.70 200m: 3:09.84 50.17 300m: 4:48.07 48.62 400m: 6:21.87 44.73			
4.	M KA Liliana	13 MKP Szczecin	6:44.88	186
	50m: 42.33 42.33 150m: 2:25.77 53.73 250m: 4:09.56 52.71 350m: 5:55.56 53.42			
	100m: 1:32.04 49.71 200m: 3:16.85 51.08 300m: 5:02.14 52.58 400m: 6:44.88 49.32			
5.	SZAFRA SKA Inez	13 MKP Szczecin	6:46.49	184
	50m: 43.81 43.81 150m: 2:27.09 52.45 250m: 4:11.68 51.75 350m: 6:00.17 54.71			
	100m: 1:34.64 50.83 200m: 3:19.93 52.84 300m: 5:05.46 53.78 400m: 6:46.49 46.32			
6.	WYPYCH Hanna	13 MKP Szczecin	6:51.84	177
	50m: 43.47 43.47 150m: 2:25.29 52.34 250m: 4:12.37 52.68 350m: 5:59.33 53.07			
	100m: 1:32.95 49.48 200m: 3:19.69 54.40 300m: 5:06.26 53.89 400m: 6:51.84 52.51			
7.	GURBIN Emilia	13 MKP Szczecin	6:52.14	176
	50m: 43.27 43.27 150m: 2:27.44 52.64 250m: 4:13.16 53.08 350m: 6:00.46 53.21			
	100m: 1:34.80 51.53 200m: 3:20.08 52.64 300m: 5:07.25 54.09 400m: 6:52.14 51.68			
8.	MASIARZ Martyna	13 MKP Szczecin	6:56.48	171
	50m: 42.99 42.99 150m: 2:27.18 53.63 250m: 4:16.14 54.20 350m: 6:06.09 54.51			
	100m: 1:33.55 50.56 200m: 3:21.94 54.76 300m: 5:11.58 55.44 400m: 6:56.48 50.39			
9.	DRELICH Zofia	13 MKP Szczecin	7:02.45	164
	50m: 43.38 43.38 150m: 2:29.11 54.06 250m: 4:17.92 56.18 350m: 6:09.44 55.17			
	100m: 1:35.05 51.67 200m: 3:21.74 52.63 300m: 5:14.27 56.35 400m: 7:02.45 53.01			
10.	SZEWCZYK Antonina	13 MKP Szczecin	7:17.30	147
	50m: 41.39 41.39 150m: 2:30.60 56.40 250m: 4:25.27 57.81 350m: 6:22.05 57.70			
	100m: 1:34.20 52.81 200m: 3:27.46 56.86 300m: 5:24.35 59.08 400m: 7:17.30 55.25			

Ogólnopolski Sprawdzian Wytrzymało ci i Wszechstronno ci Stylowej 11-12 lat
Szczecin, 20- - 21-11-2024

Konkurencja 7, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Rok ur.			Czas	Pkt.
11.	GÓRNICKA-RAKOWSKA Zuzanna		13	MKP Szczecin		7:25.91	139
	50m:	47.22 47.22	150m:	250m:	4:39.44 57.74	350m:	6:34.36
	100m:	1:44.35 57.13	200m:	300m:		400m:	7:25.91 51.55
12.	WRÓBLEWSKA Maja		13	MKP Szczecin		7:31.26	134
	50m:	48.37 48.37	150m:	250m:	4:44.04 59.01	350m:	6:41.28 55.79
	100m:	1:45.84 57.47	200m:	300m:	5:45.49 1:01.45	400m:	7:31.26 49.98
13.	WADLEWSKA Kaja		13	MKP Szczecin		7:38.28	128
	50m:	48.37 48.37	150m:	250m:	4:42.84 59.75	350m:	6:42.15 56.09
	100m:	1:44.80 56.43	200m:	300m:	5:46.06 1:03.22	400m:	7:38.28 56.13
14.	KOWALCZYK Nadia		13	MKP Szczecin		7:41.25	126
	50m:	47.81 47.81	150m:	250m:	4:45.59 1:00.25	350m:	6:46.02 1:01.48
	100m:	1:47.35 59.54	200m:	300m:	5:44.54 58.95	400m:	7:41.25 55.23
15.	KOCIMSKA Lena		13	MKP Szczecin		7:44.58	123
	50m:	51.21 51.21	150m:	250m:	4:46.87 1:01.44	350m:	6:47.16 1:00.66
	100m:	1:48.47 57.26	200m:	300m:	5:46.50 59.63	400m:	7:44.58 57.42
16.	KUKLI SKA Dagmara		13	MKP Szczecin		7:52.87	117
	50m:	51.08 51.08	150m:	250m:	4:53.65 1:00.82	350m:	6:55.23 59.98
	100m:	1:50.42 59.34	200m:	300m:	5:55.25 1:01.60	400m:	7:52.87 57.64
17.	KASPRZAK Lena		13	MKP Szczecin		8:00.51	111
	50m:	52.10 52.10	150m:	250m:	4:55.19 1:00.83	350m:	6:59.84 1:01.82
	100m:	1:50.03 57.93	200m:	300m:	5:58.02 1:02.83	400m:	8:00.51 1:00.67
18.	MIKOŁAJEK Anna		13	MKP Szczecin		8:08.63	106
	50m:	49.36 49.36	150m:	250m:	5:03.16 1:03.81	350m:	7:11.67 1:03.20
	100m:	1:49.75 1:00.39	200m:	300m:	6:08.47 1:05.31	400m:	8:08.63 56.96
NIE UK.	HARLAKOWICZ Carmel		13	MKP Szczecin			
	50m:	50.70 50.70	150m:	250m:		350m:	
	100m:	1:51.14 1:00.44	200m:	300m:		400m:	
PK	WIERCZ Antonina		14	MKP Szczecin		6:34.78	201
	50m:	43.83 43.83	150m:	250m:	4:06.95 51.87	350m:	5:48.95 51.22
	100m:	1:33.12 49.29	200m:	300m:	4:57.73 50.78	400m:	6:34.78 45.83

Konkurencja 8

2024-11-21 - 13:24

Punkty: AQUA 2024

Chłopców, 400m dowolny

11 lat

Wyniki

Pozycja			Rok ur.			Czas	Pkt.
1.	ST PNIAK Maksymilian		13	MKP Szczecin		5:45.86	231
	50m:	37.42 37.42	150m:	250m:	3:34.10 45.68	350m:	5:03.44 44.74
	100m:	1:20.56 43.14	200m:	300m:	4:18.70 44.60	400m:	5:45.86 42.42
2.	ŁASECKI Jakub		13	MKP Szczecin		5:46.84	229
	50m:	38.17 38.17	150m:	250m:	3:36.17 45.38	350m:	5:02.55 42.40
	100m:	1:21.57 43.40	200m:	300m:	4:20.15 43.98	400m:	5:46.84 44.29
3.	SUDOŁ Kuba		13	MKP Szczecin		6:01.29	202
	50m:	38.35 38.35	150m:	250m:	3:45.58 47.01	350m:	5:17.72 46.05
	100m:	1:24.14 45.79	200m:	300m:	4:31.67 46.09	400m:	6:01.29 43.57
4.	KONYK Tymofii		13	MKP Szczecin		6:03.34	199
	50m:	39.09 39.09	150m:	250m:	3:46.13 46.40	350m:	5:20.28 46.76
	100m:	1:26.44 47.35	200m:	300m:	4:33.52 47.39	400m:	6:03.34 43.06
5.	JAKUBOWSKI Miron		13	MKP Szczecin		6:06.67	193
	50m:	39.53 39.53	150m:	250m:	3:45.11 46.12	350m:	5:19.25 46.96
	100m:	1:25.09 45.56	200m:	300m:	4:32.29 47.18	400m:	6:06.67 47.42

Ogólnopolski Sprawdzian Wytrzymało ci i Wszechstronno ci Stylowej 11-12 lat
Szczecin, 20- - 21-11-2024

Konkurencja 8, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
6.	PIETRZAK Jan		13	MKP Szczecin				6:06.99	193
	50m:	40.24 40.24	150m:	2:12.99 47.57	250m:	3:49.30 48.75	350m:	5:20.78 44.25	
	100m:	1:25.42 45.18	200m:	3:00.55 47.56	300m:	4:36.53 47.23	400m:	6:06.99 46.21	
7.	ACZEK Szymon		13	MKP Szczecin				6:22.49	170
	50m:	41.90 41.90	150m:	2:18.49 48.73	250m:	3:55.50 48.82	350m:	5:34.55 49.79	
	100m:	1:29.76 47.86	200m:	3:06.68 48.19	300m:	4:44.76 49.26	400m:	6:22.49 47.94	
8.	SIEMBIDA Antoni		13	MKP Szczecin				6:27.39	164
	50m:	41.14 41.14	150m:	2:20.21 50.25	250m:	3:57.49 48.44	350m:	5:38.67 50.87	
	100m:	1:29.96 48.82	200m:	3:09.05 48.84	300m:	4:47.80 50.31	400m:	6:27.39 48.72	
9.	RADWA SKI Jakub		13	MKP Szczecin				6:29.54	161
	50m:	43.68 43.68	150m:	2:26.15 51.82	250m:	4:05.89 49.39	350m:	5:45.52 50.41	
	100m:	1:34.33 50.65	200m:	3:16.50 50.35	300m:	4:55.11 49.22	400m:	6:29.54 44.02	
10.	KŁOS Daniel		13	MKP Szczecin				6:29.57	161
	50m:	38.49 38.49	150m:	2:14.93 49.27	250m:	3:56.39 51.32	350m:	5:38.74 50.56	
	100m:	1:25.66 47.17	200m:	3:05.07 50.14	300m:	4:48.18 51.79	400m:	6:29.57 50.83	
11.	WRÓBEL Nikodem		13	MKP Szczecin				6:31.01	159
	50m:	40.47 40.47	150m:	2:22.41 51.17	250m:	4:05.70 52.45	350m:	5:48.02 49.42	
	100m:	1:31.24 50.77	200m:	3:13.25 50.84	300m:	4:58.60 52.90	400m:	6:31.01 42.99	
12.	MIKOŁAJCZAK NATAN		13	MKP Szczecin				6:32.24	158
	50m:	40.72 40.72	150m:	2:17.28 49.48	250m:	3:57.88 49.80	350m:	5:40.63 53.03	
	100m:	1:27.80 47.08	200m:	3:08.08 50.80	300m:	4:47.60 49.72	400m:	6:32.24 51.61	
13.	MROCZEK Paweł		13	MKP Szczecin				6:33.05	157
	50m:	41.85 41.85	150m:	2:21.75 50.52	250m:	4:04.89 52.19	350m:	5:46.77 50.69	
	100m:	1:31.23 49.38	200m:	3:12.70 50.95	300m:	4:56.08 51.19	400m:	6:33.05 46.28	
14.	MONKIEWICZ Nikodem		13	MKP Szczecin				6:35.16	154
	50m:	44.01 44.01	150m:	2:22.82 49.07	250m:	4:02.88 51.12	350m:	5:44.20 50.65	
	100m:	1:33.75 49.74	200m:	3:11.76 48.94	300m:	4:53.55 50.67	400m:	6:35.16 50.96	
15.	CZERWI SKI Bartosz		13	MKP Szczecin				6:37.48	152
	50m:	42.35 42.35	150m:	2:20.51 48.94	250m:	4:05.73 51.95	350m:	5:49.31 53.11	
	100m:	1:31.57 49.22	200m:	3:13.78 53.27	300m:	4:56.20 50.47	400m:	6:37.48 48.17	
16.	W OWSKI Patryk		13	MKP Szczecin				6:42.19	146
	50m:	43.63 43.63	150m:	2:26.47 52.37	250m:	4:12.50 53.49	350m:	5:54.98 51.58	
	100m:	1:34.10 50.47	200m:	3:19.01 52.54	300m:	5:03.40 50.90	400m:	6:42.19 47.21	
17.	MALINOWSKI Karol		13	MKP Szczecin				6:43.22	145
	50m:	42.75 42.75	150m:	2:23.38 50.11	250m:	4:06.87 52.40	350m:	5:51.63 51.95	
	100m:	1:33.27 50.52	200m:	3:14.47 51.09	300m:	4:59.68 52.81	400m:	6:43.22 51.59	
18.	NIEMCZYCKI Daniel		13	MKP Szczecin				6:49.19	139
	50m:	46.16 46.16	150m:	2:34.82 55.14	250m:	4:18.74 51.30	350m:	6:01.49 50.76	
	100m:	1:39.68 53.52	200m:	3:27.44 52.62	300m:	5:10.73 51.99	400m:	6:49.19 47.70	
19.	WYPYCH Sebastian		13	MKP Szczecin				6:51.33	137
	50m:	42.55 42.55	150m:	2:26.63 52.69	250m:	4:12.81 52.71	350m:	5:58.54 53.05	
	100m:	1:33.94 51.39	200m:	3:20.10 53.47	300m:	5:05.49 52.68	400m:	6:51.33 52.79	
20.	MAJCHRZAK Daniel		13	MKP Szczecin				6:57.99	130
	50m:	40.74 40.74	150m:	2:24.47 54.75	250m:	4:14.37 56.05	350m:	6:03.61 53.48	
	100m:	1:29.72 48.98	200m:	3:18.32 53.85	300m:	5:10.13 55.76	400m:	6:57.99 54.38	
21.	SATŁAWA Antoni		13	MKP Szczecin				7:03.71	125
	50m:	42.24 42.24	150m:	2:30.57 55.80	250m:	4:23.53 56.90	350m:	6:15.62 53.89	
	100m:	1:34.77 52.53	200m:	3:26.63 56.06	300m:	5:21.73 58.20	400m:	7:03.71 48.09	
22.	KOKHANENKO Artem		13	MKP Szczecin				7:04.08	125
	50m:	42.96 42.96	150m:	2:28.45 54.11	250m:	4:20.92 57.42	350m:	6:13.84 56.58	
	100m:	1:34.34 51.38	200m:	3:23.50 55.05	300m:	5:17.26 56.34	400m:	7:04.08 50.24	
23.	FURMAN Antoni		13	MKP Szczecin				7:04.51	124
	50m:	43.31 43.31	150m:	2:28.24 53.47	250m:	4:21.91 56.50	350m:	6:13.15 55.36	
	100m:	1:34.77 51.46	200m:	3:25.41 57.17	300m:	5:17.79 55.88	400m:	7:04.51 51.36	

Ogólnopolski Sprawdzian Wytrzymało ci i Wszechstronno ci Stylowej 11-12 lat
Szczecin, 20- - 21-11-2024

Konkurencja 8, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
24.	B	CIK Bartosz	13	MKP Szczecin				7:13.60	117
		50m: 43.95 43.95		150m: 2:28.58 53.26		250m: 4:23.13 58.31		350m: 6:19.75 58.27	
		100m: 1:35.32 51.37		200m: 3:24.82 56.24		300m: 5:21.48 58.35		400m: 7:13.60 53.85	
25.		CISZEK Mateusz	13	MKP Szczecin				7:27.64	106
		50m: 45.24 45.24		150m: 2:39.58 58.76		250m: 4:37.91 59.39		350m: 6:32.76 58.61	
		100m: 1:40.82 55.58		200m: 3:38.52 58.94		300m: 5:34.15 56.24		400m: 7:27.64 54.88	
26.		PATALAS Igor	13	MKP Szczecin				7:35.18	101
		50m: 47.86 47.86		150m: 2:44.81 59.76		250m: 4:44.24 1:00.04		350m: 6:45.15 1:01.48	
		100m: 1:45.05 57.19		200m: 3:44.20 59.39		300m: 5:43.67 59.43		400m: 7:35.18 50.03	
27.		KALBARCZYK Adam	13	MKP Szczecin				7:35.48	101
		50m: 47.92 47.92		150m: 2:48.67 1:00.09		250m: 4:48.05 58.73		350m: 6:44.33 56.41	
		100m: 1:48.58 1:00.66		200m: 3:49.32 1:00.65		300m: 5:47.92 59.87		400m: 7:35.48 51.15	
28.		WRÓBEL Olgierd	13	MKP Szczecin				7:39.83	98
		50m: 47.07 47.07		150m: 2:45.65 1:00.11		250m: 4:43.92 59.87		350m: 6:42.90 1:00.38	
		100m: 1:45.54 58.47		200m: 3:44.05 58.40		300m: 5:42.52 58.60		400m: 7:39.83 56.93	
29.		ZABORSKI Michał	13	MKP Szczecin				7:59.20	86
		50m: 45.45 45.45		150m: 2:48.97 1:04.17		250m: 4:50.41 1:04.13		350m: 6:57.15 1:03.69	
		100m: 1:44.80 59.35		200m: 3:46.28 57.31		300m: 5:53.46 1:03.05		400m: 7:59.20 1:02.05	
30.		JENDRZEJCZYK Hubert	13	MKP Szczecin				8:10.87	80
		50m: 52.77 52.77		150m: 3:01.31 1:04.60		250m: 5:10.49 1:03.10		350m: 7:12.61 58.45	
		100m: 1:56.71 1:03.94		200m: 4:07.39 1:06.08		300m: 6:14.16 1:03.67		400m: 8:10.87 58.26	
31.		HOLUB Wiktor	13	MKP Szczecin				8:25.17	74
		50m: 49.21 49.21		150m: 2:54.33 1:03.10		250m: 5:10.75 1:11.81		350m: 7:25.47 1:06.81	
		100m: 1:51.23 1:02.02		200m: 3:58.94 1:04.61		300m: 6:18.66 1:07.91		400m: 8:25.17 59.70	
32.		HREBENCHENKO Taras	13	MKP Szczecin				8:25.73	73
		50m: 47.08 47.08		150m: 2:39.52 55.74		250m: 4:34.98 57.70		350m:	
		100m: 1:43.78 56.70		200m: 3:37.28 57.76		300m:		400m: 8:25.73	
33.		MANUSZEWSKI Wojciech	13	MKP Szczecin				8:30.07	72
		50m: 54.63 54.63		150m: 3:05.19 1:05.79		250m: 5:16.54 1:05.99		350m: 7:26.66 1:05.70	
		100m: 1:59.40 1:04.77		200m: 4:10.55 1:05.36		300m: 6:20.96 1:04.42		400m: 8:30.07 1:03.41	
34.		KRZEMA SKI Miłosz	13	MKP Szczecin				8:36.05	69
		50m: 53.01 53.01		150m: 3:02.60 1:06.09		250m: 5:16.72 1:07.81		350m: 7:32.82 1:08.68	
		100m: 1:56.51 1:03.50		200m: 4:08.91 1:06.31		300m: 6:24.14 1:07.42		400m: 8:36.05 1:03.23	
35.	PI	TKOWSKI Hubert	13	MKP Szczecin				9:51.82	46
		50m: 1:03.61 1:03.61		150m: 3:31.50 1:12.93		250m: 6:10.83 1:19.26		350m: 8:39.64 1:09.71	
		100m: 2:18.57 1:14.96		200m: 4:51.57 1:20.07		300m: 7:29.93 1:19.10		400m: 9:51.82 1:12.18	
DYSKW.		SNARSKI Adam	13	MKP Szczecin				7:02.74	
		<i>O1 - Pływak zainicjował start przed sygnałem startu</i>							
		50m: 42.38 42.38		150m: 2:28.14 55.36		250m: 4:19.68 55.14		350m: 6:11.06 55.67	
		100m: 1:32.78 50.40		200m: 3:24.54 56.40		300m: 5:15.39 55.71		400m: 7:02.74 51.68	
PK	PI	TKA Joachim	11	MKP Szczecin				5:23.12	283
		50m: 35.73 35.73		150m: 1:57.59 40.63		250m: 3:22.62 44.51		350m: 4:46.91 38.86	
		100m: 1:16.96 41.23		200m: 2:38.11 40.52		300m: 4:08.05 45.43		400m: 5:23.12 36.21	
PK		AKHRAMEIKA Raman	13	MKP Szczecin				9:14.72	56
		50m: 53.64 53.64		150m: 3:13.65 1:08.96		250m: 5:36.08 1:11.34		350m:	
		100m: 2:04.69 1:11.05		200m: 4:24.74 1:11.09		300m: 6:50.15 1:14.07		400m: 9:14.72	

Ogólnopolski Sprawdzian Wytrzymałość i Wszechstronność Stylowej 11-12 lat
Szczecin, 20- - 21-11-2024

Konkurencja 9
2024-11-21

Chłopców, 400m zmienny

13 lat
Wyniki

Punkty: AQUA 2024

Pozycja			Rok ur.				Czas				Pkt.	
1.	PI	TKA Joachim	11	MKP Szczecin			5:23.12				383	
	50m:	35.73	35.73	150m:	1:57.59	40.63	250m:	3:22.62	44.51	350m:	4:46.91	38.86
	100m:	1:16.96	41.23	200m:	2:38.11	40.52	300m:	4:08.05	45.43	400m:	5:23.12	36.21